

# Volunteer Safety Tips



## **Motor Vehicles (Community Based Only)**

- Obey all traffic laws, including those for child restraint use. All Little ages 12 and under should be properly restrained in a back seat on every ride.
- Littles more than 40 lbs. should be correctly secured in belt-positioning booster seats or other appropriate child restraints until the adult lap and shoulder belts fit correctly (usually around age 8 and when the child is about 4'9").

## **In the Home (Community Based Only)**

- Childproof your home. Look at every room as your Little would. Ask yourself what looks interesting and what can be reached.
- When cooking, use the back burners on stoves, and turn pot handles to the back. Keep your Little away from the stove or microwave when cooking, and use discretion when serving hot food or drinks. Keep knives, glasses, and scissors, razors, curling irons, and hair dryers where young children can't reach them.
- Keep guns locked, unloaded, and where children can't reach them.
- Take precautions to avoid fire in the home. Lock up matches, lighters and gasoline. Keep space heaters where your little can't reach them and away from curtains, beds and papers.
- Avoid exposing your Little to potential poisons.
- Keep emergency numbers by every telephone. Call 911 if your Little is choking, collapses, can't breathe or is having a seizure. If you suspect your Little has been poisoned, call 1.800.222.1222.

## **Recreation (Community Based & Site Based Program)**

- Use of appropriate safety equipment is essential. Your Little should always wear activity-specific, properly fitting safety gear when participating in recreational activities.
- Make sure your Little is prepared for the demands of their activities. Provide your Little with proper training and skills-building when they are learning a new activity. Ensure that your Little drinks an adequate amount of liquid while engaging in recreation.
- Adult supervision is necessary. Bigs should be present at all times to ensure a safe environment and the enforcement of safety rules.

## **Being A Good Pedestrian (Community Based & Site Based Program)**

- Bigs are important models of proper pedestrian behavior for Littles. Cross streets safely, walk on sidewalks or paths, and be a safe pedestrian around cars.
- Set pedestrian safety rules for your Little such as crossing streets alone and running into the street to catch a ball.
- Help create an environment that's safe for pedestrians by making sure that your Little plays in safe places away from cars and check frequently for other children when backing out of a driveway or parking space.



## Safety Information Volunteer Form

Safety information will be provided at the time of individual training to the volunteer. Topics included on the safety tip information sheet are as follows:

- Safety in motor vehicles (Community Based Program Only)
- Safety in the home (Community Based Program Only)
- Safety and recreation (Community and Site Based Programs)
- Being a good pedestrian (Community and Site Based Programs)

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**Volunteer:** I have received and understand the volunteer safety information. I agree to do my best in keeping my Little safe in motor vehicles (CB program only), in my home (CB program only), during recreation (CB & SB programs), and while being a pedestrian (CB & SB programs).

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Signature

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Date